

EDA EQUINE AND AUGUST EQUINE NOMINATION AWARDS

Through the collaboration of EDA Equine and August Equine, the following nomination awards have been offered, and are open to all riders who fit the following criteria:

1. Adult Ammy Awesomeness Award (AAAA)

Do you know of someone who is just all around AWESOME? They love their horse, they love this sport, they love their barn mates? This person would be a positive influence in all aspects – helping others, cheering on teammates, helping around the barn, maintaining a good attitude even when things get tough, and above all, put their horse (and their comfort, safety, and security) first?! We are looking for an applicant who is an LDA member who is just an overall supportive and kind person, who shows horsemanship above all competitive aspects.

2. Stress-age Saddle Survivor Scholarship (SSSS)

Sometimes “stressage” can be tough!! We are looking for an LDA member who maybe had a tough year, maybe had some difficulty or hardship they had to overcome, maybe just wasn’t having their “day, their week or their month, or even their year...”! Despite these tough moments, we are looking for an applicant who has continued to persevere, who has worked hard to overcome these challenges and deserves recognition for their efforts. Applicants should again, be someone who is focused on putting the horse “first”, showing true horsemanship, leadership, and deserves to be recognized for their achievements!

To nominate a member for either award, please send an email to Amanda Vanderkuyl (sponsorship chair) at aharyett@hotmail.com, state which award you are nominating them for and why they deserve to win it! Nominations will be anonymous (to the winners), so don’t be shy in recognizing your friends for all the hard work they’ve put in this year, no matter what 2022 brought for them!

Winners of these nominations will be awarded Rider Assessments (1 per award), which entail the following:

1. The initial portion of the assessment is completed on the ground, entailing photos from many angles and a few range of motion tests
2. The rider is then seated on a saddle buck, where you will be seated comfortably and in perfectly supported alignment. It is often mind blowing to experience how effortlessly your position can be changed without any work on your part while being seated on just a saddle buck. Once aligned, a few more range of motion tests are completed, along with seeing how easily you can be taken out of balance. These balance issues are problem solved here, on the saddle buck. Identifying things off the horse truly

enlightens why certain things occur when you are in the saddle. A pelvic imprint will be taken to add more information to the reasons we feel the way we do in the saddle.

3. Next, you will be seated in your saddles (max of 2), and again, range of motion tests will be completed to see how well supported the rider is in the saddle. You may be trialed in alternative saddles for further comparisons and perhaps improve things.

4. You'll complete the assessment with a newfound understanding of what influences your posture and position in the saddle, as well as a few tips and tricks to help you ride better no matter what!

As dressage riders, this feedback on balance, posture and alignment is invaluable! Rider assessments will take place at Erica's home location in Woodstock, Ontario – OR you can speak with her about upgrading to a full assessment with your horse and integrating your rider assessment prize into the appointment!

Winners will be announced at the banquet on November 20!

DEADLINE FOR NOMINATIONS IS NOVEMBER 15, 2022!!